

Midterm Stress Relief Activities

friends, and learn more about the resources available in the Hub. This is your chance to unwind and explore your creative side.

03/03/2025

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Questions? Contact Katie Luder, Outreach Librarian | kaitlin.luder@usu.edu



USU Libraries is offering fun and free stress-relief events to help students manage stress during midterms.

Team Trivia: Monday, March 3, 2025 | 7:00 PM - 8:00 PM | Merrill-Cazier Library, Room 101

Get your crew together and test your knowledge at Team Trivia! Teams must register in advance. [Register your team here.](#)

Craft and Chill: Tuesday, March 4, 2025 | 3:30 PM - 5:00 PM | Innovation Hub

Join us in the Innovation Hub for a creative crafting session! Design and create custom buttons, meet new